

# GFWC Kentucky Clubwoman Publication

September 2025



## Summer Summit 2.0

Highlights



**GFWC**  
est. 1890  
GENERAL FEDERATION  
OF WOMEN'S CLUBS  
KENTUCKY

GENERAL FEDERATION OF  
WOMEN'S CLUBS  
KENTUCKY



## GFWC KY State President Amy Mason



### RISE UP #MENTALHEALTHMATTERS

Greetings my Federation Sisters

**Don't get mad. Don't get even. Do BETTER. RISE above.**

It was so good to see many of you at our Summer Summit 20 this past July. Our theme was finding the leadership in all we do. When the weekend was over all in attendance could say they felt EDUCATED. ENGAGED. EMPOWERED. A special thank you to all of the presenters from that weekend.

It's hard to believe that it is time again for our Fall District Conferences. I hope to see so many of you in attendance. I know your Governor's and Vice Governor's have been working hard to make your Conferences Informative and sprinkled with a little FUN!

Something for you to think about....Are you an Eagle or a Crow? If you have had your District Conference you know what I am referring to. If you have not, you will find out soon!

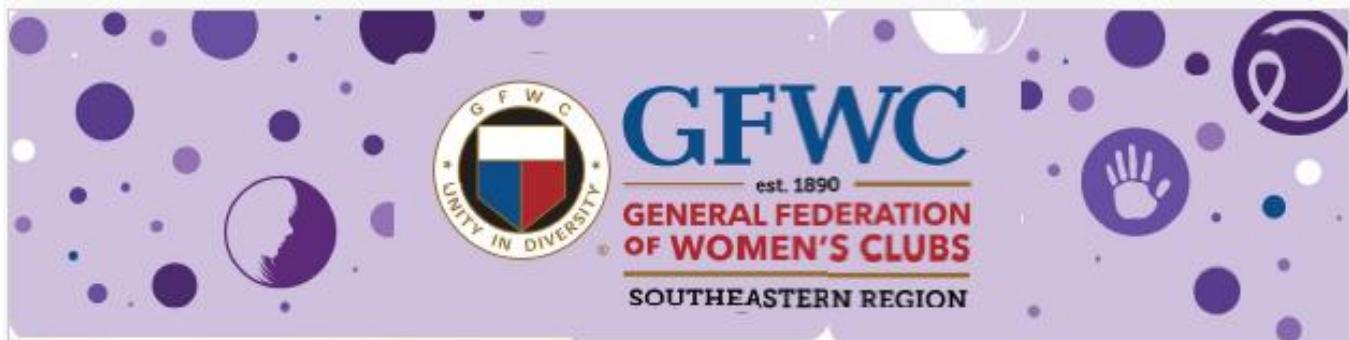
We are in a world where things are so negative and so much finger pointing from day to day. But remember, you have a CHOICE on how you react to a situation. You make a CHOICE every day.

Don't get mad. Don't get even. Do BETTER. RISE above.

**“Is your glass half empty or half full asked the mole. I think I’m grateful just to have a glass relied the boy.”**



**WHAT ABOUT YOU?**



Your safety matters.

## You Are Not Alone; Help is Available

If you are experiencing **domestic violence**, please reach out. There are organizations ready to help you find safety and support.

### Seek Assistance:

#### Campus Sexual Assault

- Clery Center for Security on Campus  
[www.clerycenter.org](http://www.clerycenter.org)

#### Child Abuse

- National Child Abuse Hotline  
[www.childhelpusa.org](http://www.childhelpusa.org); 1-800-422-4453
- Children's Defense Fund  
[www.childrensdefense.org](http://www.childrensdefense.org); 202-628-8787

#### Elder Abuse

- Prevention of Elder Abuse (NCPEA)  
[www.preventelderabuse.org](http://www.preventelderabuse.org)
- Elder Abuse - National Institute on Aging  
[www.nia.nih.gov/health/elder-abuse](http://www.nia.nih.gov/health/elder-abuse)
- Elder Care Locator [www.eldercare.gov](http://www.eldercare.gov) or 1-800-677-1116

#### Human Trafficking

- National Human Trafficking Hotline  
[www.humantraffickinghotline.org](http://www.humantraffickinghotline.org); 1-888-373-7888

#### Intimate Partner Violence

- National Sexual Violence Resource Center (NSVRC) [www.nsvrc.org](http://www.nsvrc.org)

Sponsored by:



## GFWC KENTUCKY DIRECTOR OF JUNIOR CLUBS



**CHRISI CUEL**  
GFWC KENTUCKY DIRECTOR OF JUNIOR CLUBS

Hi friends,

When I stepped into this role as Director of Junior Clubs, I had three simple goals in mind: Educate, Evaluate, and Manage. Those words have really guided everything we've done this year.

First, Educate. One of my biggest priorities was helping our clubs learn more about Childhood ADHD—what it looks like, what resources are out there, and how we as clubwomen can help spread awareness in our communities. We kicked things off at the Summer Summit and encouraged clubs to partner with Summer Art Programs, giving kids with ADHD creative outlets and positive ways to grow.

Next, Evaluate. I wanted to make sure we were looking at what was working and where we could do better. I completed both Children and Adult Mental Health First Aid training so I could better support our members and the people we serve. Together, we raised more than \$1,700 for Kentucky Youth Advocates, making sure children's voices are represented at the state level. And through newsletters and regular updates, we kept everyone connected and on the same page.

Finally, Manage. We saw amazing results from our clubs this year—over 2,500 volunteer hours, nearly \$196,000 raised, and \$33,000 in in-kind donations. We started a brand-new Juniorette Club that grew from just four members to eleven, and through our Busy Bags project, we were able to get resources straight into the hands of kids who needed them, through social workers, police, and service groups.

And of course, one highlight was participating in the Walk Like MADD. I'm excited that on October 18, 2025, we'll walk again as Tators Troopers. It's a powerful way to raise awareness about impaired driving—and if you can't walk, you can still support the cause with an online donation.

This year has been such a reminder that when we Educate, Evaluate, and Manage with purpose, we not only strengthen our clubs, we make a real difference in our communities. We are truly Stronger Together.

Thank you!

In Federation Friendship,

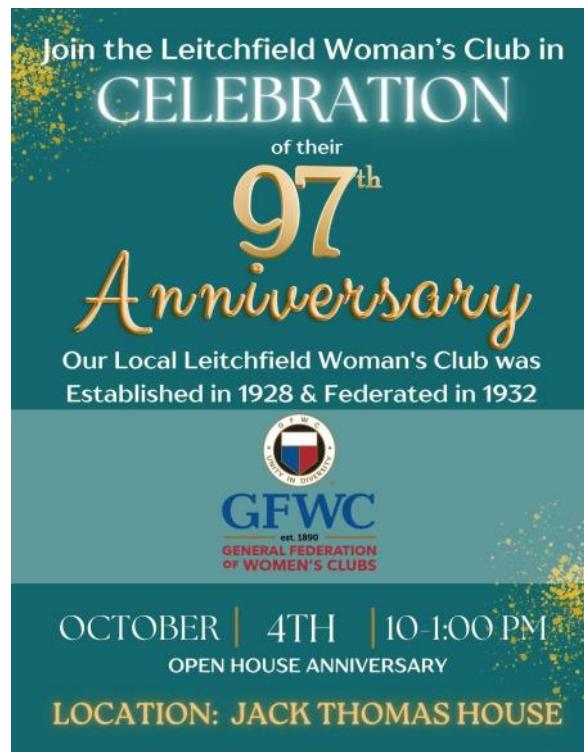
*Chrissi Cuel*

Chrissi Cuel  
Director of Junior Clubs  
GFWC Kentucky

**CONTACT:**

109 Pleasant Ridge Lane-Woodbine, KY 40771  
606-515-3009

chrissihinklecuel@gmail.com



108 E. Main St. in Leitchfield, Kentucky

## Arts & Culture



It is that time of year again! Fall Conferences are coming up. Does your district have the Arts & Crafts Contest? Golden Fillies does. As a matter of fact, representatives from all the clubs met and drafted changes to our manual this year. We have added new crafts that many of our members enjoy creating. Card making, mixed media and diamond painting are a few.

I am very excited to see the creations presented at our Conference.

It is also back to school time. Find out the schedules at your local schools and enjoy a music concert or play. It is wonderful to support the kids, get some culture and pay a fraction of the price of attending one at another venue.

Happy Fall!

Kim Thull

Arts & Culture Chair



## 104 Society Membership

Maintaining our Headquarters in Frankfort is an ongoing job. It is much better to take care of everyday maintenance than to wait until a catastrophe occurs. **That is the purpose of the 104 Society.** The convention gives us an opportunity to support this project.

Donation levels are:

\$10.40

\$104.00

\$1040.00

NAME: \_\_\_\_\_

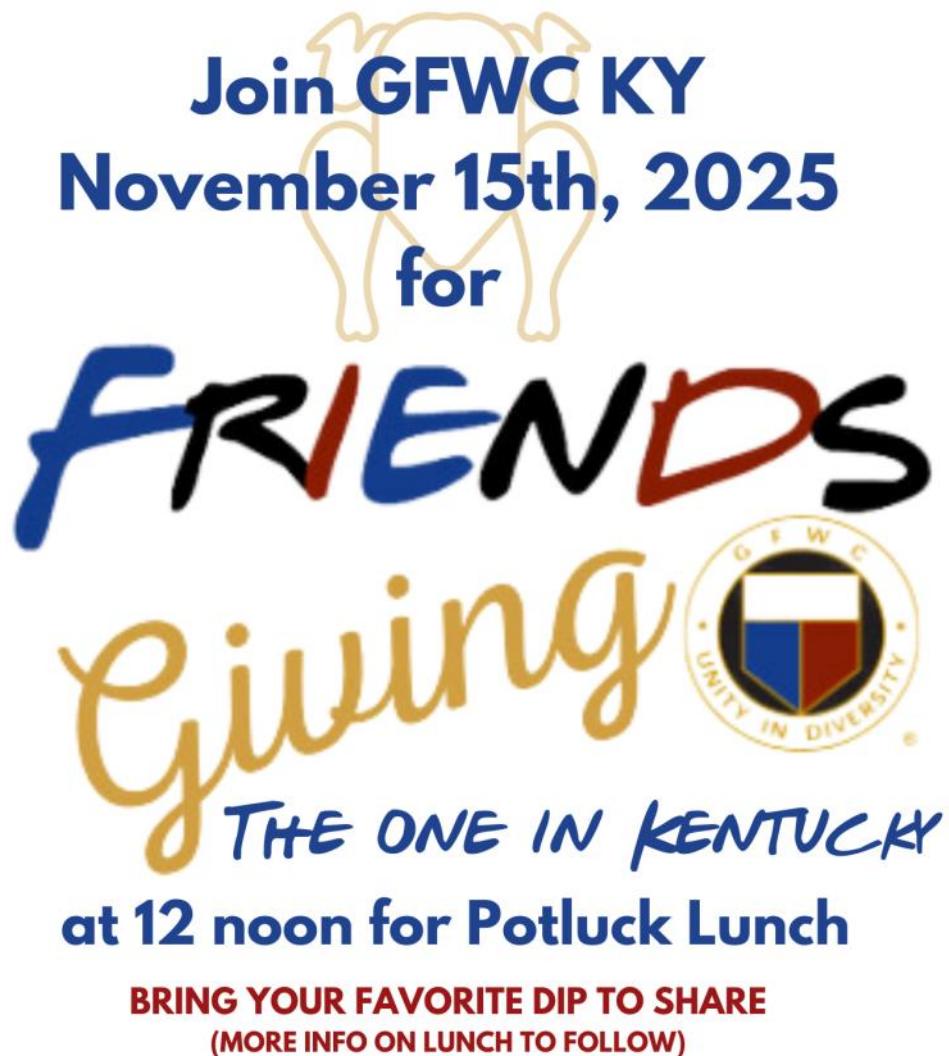
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GFWC KENTUCKY  
P O BOX 1587  
FRANKFORT, KY 40602



**CANNED FOOD DONATIONS TO SUPPORT THE  
FOOD PANTRY NEXT DOOR TO HEADQUARTERS**

**Let's celebrate friendship, gratitude,  
and the spirit of giving. We can't wait to see you there!**

**RSVP Today! [amymason0@gmail.com](mailto:amymason0@gmail.com) OR  
270.366.3927**

## Fern Creek Woman's Club 70th Anniversary Celebration

The Fern Creek Woman's Club's 70<sup>th</sup> anniversary celebration was a resounding success! Councilman Kevin Bratcher's address to the club members added a touch of civic engagement to the event. The lovely lunch, complete with sandwiches, wraps, salad, cookies, cake and punch was a perfect way to bring everyone together.

The highlight of the event was undoubtedly the fashion show, which took the audience on a stylish journey through the decades. From the poodle skirts and saddle shoes of the 1950's to the mod dresses of the 1960's, each era's distinctive style and music were showcased. The fashion show continued through the decades, highlighting the iconic look of the 1970's, 1980's, 1990's and 2000, before culminating in the modern styles of the 2010s. The FCWC tee shirts were showcased for the 2020's with all the ladies who were wearing their shirts modeling them at the end.

The event was a wonderful way to celebrate the club's 70 year history and the many contributions its members have made to the community. It was clear that everyone in attendance had a great time and the celebration was a fitting tribute to the club's enduring spirit and commitment to community service.



Lois Obert

President -FCWC



## GFWC Kentucky Summer Summit – Leadership Breakout Session Recap

The ladies of GFWC Kentucky were *all in* during the Leadership breakout session at this year's GFWC Kentucky Summer Summit! Together, they explored what it truly means to lead within our clubs and communities—no matter the title or role. A key focus of the session was the **GFWC Membership Portal**, where members can find valuable resources on Community Service Programs, Advancement Areas, and Special Programs. Signing up and staying connected through the portal was strongly encouraged!

To kick things off, participants dove into an interactive activity: the **Human Knot**—a classic teambuilding challenge that requires communication, patience, and a whole lot of teamwork. With eyes closed and hands joined, members worked together to untangle themselves without breaking the chain—proving just how effective collaboration can be!

This breakout didn't stop at fun. The Leadership Chairman shared a wide array of tools and ideas to strengthen leadership skills, including:

- **Podcasts, books, YouTube channels** dedicated to personal and professional growth
- **Hands-on activities** such as the Minefield, Survival Scenarios, Scavenger Hunts, Escape Rooms, and Storytelling 60 Second Sessions
- **Development exercises** like Peer Mentoring, the Leadership Coat of Arms and Crest, and Leadership Style Assessments



Members also exchanged ideas about the **teambuilding exercises and icebreakers** they use successfully in their own clubs—making this session a true exchange of knowledge and inspiration.

### **The key takeaway?**

*Leadership lives in each of us.* Regardless of your official title, your actions, ideas, and dedication make you a leader in GFWC Kentucky and beyond.

Thank you,  
Preshus J. Howard



# September is National Preparedness Month

The month of September is a great time to take small steps to make a big difference in being prepared.

**Preparedness Starts at Home**, get back to the essentials of preparedness. There are four key actions you can take to prepare for any disaster you may face:

◆ **Know your risk**

- ◊ Know what could happen where you and your family live. This helps you figure out what you need to do to stay safe. You can explore various disasters and emergencies on Ready.gov.

◆ **Make a family emergency plan**

- ◊ Making a plan early helps you reduce stress and save time and money; create a [Family Emergency Plan](#)
- ◊ Disasters are costly but preparing for them doesn't have to be. Taking time to prepare now can help save you thousands of dollars and give you peace of mind when the next disaster or emergency occurs. Visit Ready.gov's [low and no-cost tip page](#) to see how you can be better prepared without spending a lot of money.

◆ **Build an emergency supply kit**

- ◊ Having enough food, water and medicine can help you stay safe and comfortable until help arrives. Having what you need can also prevent injury and damage to your home.
- ◊ Build a go-bag with all the essentials you might need, so you don't need to scramble in an evacuation situation.

◆ **Get involved in your community by taking action to prepare for emergencies**

- ◊ Emergencies can happen fast, and emergency responders aren't always nearby. You may be able to save a life by taking simple actions immediately. You can learn these steps when you take a first aid class through many organizations in your community..
- ◊ Join a Community Emergency Response Team program and get trained on basic disaster response skills, such as fire safety, light search and rescue, team organization and disaster medical operations.
- ◊ Take a free online independent study course through [FEMA's Emergency Management Institute](#) or a [CPR course through the American Red Cross](#) to learn more about how to help your community become more prepared.

Susan Kellogg



## Williamstown Woman's Club

Thursday, June 12, 2025

On this day in accordance as part of our state President Amy Mason's Special Project about Mental Health, Williamstown Woman's Club traveled to the Boone County Arboretum where we enjoyed a presentation about the Arboretum and did a short walk on one of several trails.

Later we enjoyed a lovely lunch on the back deck of the Historic Tousey House in Burlington, KY. What a relaxing and fun time by all! What could be better for Mental Health Self Care than good times in nature and good friends.

WWC President

Rita Snow



## Quasquicentennial Moments

### Celebrating 130 years of GFWC Kentucky

Many of us have a person we admire or look up to. We even have mentors in our clubs we strive to want to work as hard as they do or take on challenges the way they do. In GFWC Kentucky, one name that is mentioned both statewide and nationally at GFWC functions, is Miss Chloe Gifford. Miss Gifford was the KFWC State President from 1946 to 1948. She then served as International President for GFWC from 1958 to 1960.

She is a fascinating woman and a Distinguished Kentuckian, being recognized for her work at the University of Kentucky, CARE, the American Heart Association, KFWC, GFWC and many, many more organizations she either served on or had the pleasure of working on special projects. Being a volunteer was her life.

She has an interesting beginning. She graduated from UK with three degrees, an AB, a master's degree and a JD in law. "Chloe" was the first female graduate from the UK Law School in the 1920's when women were still not received well at the law school. She took the BAR exam at 21 years of age. She then worked as Dean of Students at the Sayre School in Lexington for fourteen years until being hired by UK.

She was a member of the Central Kentucky Woman's Club and from there began her work climbing the ladder towards State President. Her focus and purpose was making changes for the good in our communities. Under Chloe, the Community Improvement project was developed as she served as Vice President for KFWC and the project was purposed to GFWC with support she sought out from Sears and Robuck to support the work club women did in this area. She became known as "the Mother of Community Improvement."

She attended her first GFWC Board of Directors meeting with 48 other state president's. She was asked how many years she had been doing federation work. She answered only four. She had only served as 2nd Vice President and Vice President before becoming President of KFWC. Other state presidents were appalled that she only had four years of experience on the KFWC Board to become president.

During her first year as KFWC President she invited the GFWC President to Louisville for the Derby. While having breakfast before leaving for the track, she was asked if she would consider running for GFWC President. The GFWC President asked those in attendance if it wouldn't be nice to have someone from Kentucky in that position. Chloe's answer was "never would I want to leave the Commonwealth of Kentucky."

After her term as State President, she continued to work for UK. Today, her position would be the Community Outreach Coordinator, attending meeting she knew nothing about but was there to represent UK and be the eyes and ears of the President. The President wanted a woman to represent the university outside of the athletic department. Adolf Rupp had given the university much publicity but the president wanted a woman to do the same.

**Quasquicentennial Moments continued....**

In 1949, Chloe was nominated to run for an elected position for GFWC. She turned it down. Her reasoning was she was a single woman who needed an income. The UK President told her to run, giving her paid time off as long as she mentioned the University of Kentucky when she spoke at all functions. She was nominated from the floor as Treasurer at that convention turning it down. She told the delegation she was not good with math and not to nominate her for secretary either. She didn't have time to take minutes and type them. She was then elected 3<sup>rd</sup> Vice President at the convention.

She arrived in DC as the GFWC President on July 1, 1958, after having spent one month in Germany working for UK. She had met with the 47 women who were elected officials in the German Government about making improvements in their communities. She note that at that time, the US did not have half that many women in our Congress.

Her biggest fear being GFWC President was the media. How would they take to the southern draw of her voice and understanding her. She feared the Washington Post the most.

In her first day of office, she was taken to Congress for the vote on Alaska's statehood. As it was passed, the Post asked her what her plans for Alaska were. She told them she had a plan and it would be successful. The next day in the Post, they reported that the GFWC President has a plan and a program and both will be successful under her guidance.

That afternoon, she was to meet with executives of CBS for an appearance on "The Ed Morrow Show." Live TV! From the GFWC Headquarters! Mr. Morrow asked her before going on the show what she wanted to talk about; herself? She quickly said, "No, GFWC." The Post again reported that Miss Gifford did a wonderful job "interviewing Mr. Morrow on his show."

During her two years she traveled overseas and was recognized by nations as well as states she visited. She did not have a car in DC during this time. It was extremely hard to find parking, the same as it is today. It was budgeted that she could call a driver and a car. A waste of members money. She used Yellow Cab when she needed to be driven someplace.

And the Post, after two years of Chloe Gifford in DC, well their favorite line to report was "the GFWC President, Chloe Gifford was in attendance."

Information taken from KETPBS interview June 2002. Interviewed by Mary Elizabeth Sowards.

Submitted by Susette Redwine.

## Coffee Talk!



Williamstown Woman's Club had their first ever "Coffee Talk" with 12 members present!! A fun time of fellowship and sharing ideas to help move our membership forward!!

Rita Snow



## Apologies to Pikeville Woman's Club

Your ad came to me on July 29....which was too late for the June newsletter and unfortunately too late for this newsletter due to the date of your event. Pikeville Woman's Club had a huge yard sale on August 7th and 8th to raise money for their scholarships. I do hope you had a successful event and raised lots of money. I bet I missed out on some nice treasures!



## Barbourville Woman's Study Club

### 2025 Barbourville May Day Festival Celebrates Tradition and Community

The 2025 Barbourville May Day Festival, proudly hosted by the GFWC Kentucky Barbourville Woman's Study Club, began its week-long celebration on May 4 with the elegant May Day Festival Queen's Tea. The event was a picture of springtime charm, set amidst blooming flowers and attended by the radiant candidates for this year's May Day Royal Court and the 2024 Royalty Court.

Throughout the week, the festival brought the community together with a lively lineup of activities for all ages. Highlights included a festive parade, live music performances, family-friendly entertainment, hot air balloon rides, an inflatable slide, roller skating, and whimsical oversized ponies on wheels.

The grand finale took place on May 10 with the highly anticipated May Day Royalty Coronation on the lawn of the Sharpe Center at Union Commonwealth University. As the crowd held its breath and a drumroll echoed through the air, Barbourville Mayor David Thompson and Club President Dianna Adams had the honor of crowning this year's winners.

**Haylee Ann Washam** was crowned **May Day Queen**,  
**Bella Rose Corbin** received the title of **Lady May Day**,  
**Addison Hall** was named **May Day Princess Royale**, and  
**Grace Scent** was crowned **May Day Miniature Queen**.

The festival was a joyful celebration of tradition, community spirit, and the vibrant youth of Barbourville.

Submitted by:  
Claudia Gibson  
Greenwood



**GFWC Kentucky – Dues and Contributions**  
 Make checks out to GFWC Kentucky  
 Mail to: GFWC Kentucky Headquarters, P O Box 1587, Frankfort, KY 40602  
**Send form and Club Roster by November 1<sup>st</sup>**

Club Name: \_\_\_\_\_ District: \_\_\_\_\_ # in Club: \_\_\_\_\_

Club President: \_\_\_\_\_ Email: \_\_\_\_\_ Phone #: \_\_\_\_\_

**PLEASE PRINT**

**REQUIRED**

1. Federation Dues: General and Juniors Number of Members: \_\_\_\_\_ x \$20.00 \$\_\_\_\_\_
2. Junior Clubs only: Junior Travel (Generals optional donation) Number of Members: \_\_\_\_\_ x \$50.00 \$\_\_\_\_\_
3. Federation Dues: Juniolettes Number of Members: \_\_\_\_\_ x \$12.00 \$\_\_\_\_\_
4. Juniolettes only: Junior Travel Number of Members: \_\_\_\_\_ x \$10.00 \$\_\_\_\_\_
5. Media Fee Number of Members: \_\_\_\_\_ x \$3.00 \$\_\_\_\_\_
6. State Headquarters Operation Fund -  
 \*\$10.00 per club with 4-39 members/\*\$15.00 per club with 40 + members  
 Number of Members: \_\_\_\_\_ x \$3.00 \$\_\_\_\_\_
7. ESO Dues

**OPTIONAL**

1. Purchase a brick for the GFWC Kentucky Spirit Walk \$100.00 ea. \$\_\_\_\_\_
2. GFWC Kentucky President's Special Project (Mental Health) Minimum donation \$5.00 \$\_\_\_\_\_
3. GFWC Kentucky Scholarship Fund Donation Minimum donation \$5.00 \$\_\_\_\_\_
4. State Headquarters Operation Fund Donation Minimum donation \$10.40 \$\_\_\_\_\_
5. Club 104 Society Donation

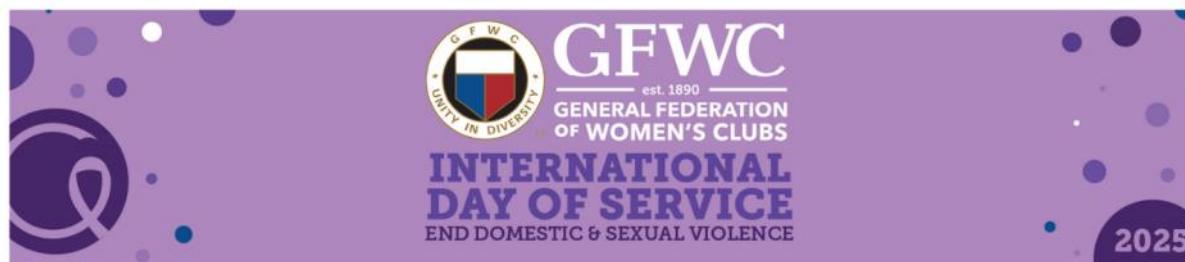
**TOTAL** \$\_\_\_\_\_

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The GFWC International Day of Service (IDS) is more than a symbolic show of support. It is a global call to action—a declaration of our steadfast commitment to create real, lasting change.

This important initiative challenges every GFWC group to act with urgency, compassion, and strategically. By embracing the challenge, together we can expand our reach, deepen our impact, and provide meaningful support to survivors and the communities.

**Plan with Purpose:** The official date for GFWC IDS is Saturday, September 27, 2025, but clubs can hold projects anytime during the week of September 21-27.

**Every action counts!**

Visit the [GFWC Member Portal](#) regularly for resources, toolkits, and project ideas to support your efforts. Whether you're organizing a community event, partnering with a shelter, launching a supply drive, or holding a public forum, thoughtful planning will ensure your work is effective and lasting.

Join the 682 groups that have already registered and are committed to take action! Check out the numbers below and sign up to be counted!

Don't just plan to participate—plan to make a difference.

To Register your club, visit the [GFWC Member Portal](#).

Did you know that our STATE is also registered? During this administration we have been selling “mountains”. All of the proceeds will go to Zero V, right here in Kentucky. I challenge each club to purchase a “Conquer the Mountain”. The cost of this is \$50. This will be easy for EVERY club across our great state to participate in the State Project for GFWC International Day of Service.

To purchase your clubs Conquer the Mountain please mail a check to:

GFWC KY  
PO Box 1587  
Frankfort, KY 40602  
or email [peggybarnes00@gmail.com](mailto:peggybarnes00@gmail.com) that you want to pay by credit or debit card.

## GFWC KENTUCKY CLUBWOMAN PUBLICATION ADVERTISEMENT

NAME OF CLUB \_\_\_\_\_

CLUB PRESIDENT \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

ZIP CODE \_\_\_\_\_

PHONE \_\_\_\_\_

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## CIRCLE SIZE OF AD YOU ARE PURCHING:

1/4 page \$25.00

1/2 page \$50.00

Full-page \$90.00

## Advertisement to Read:

(Example: "Congratulations to the Suburban Woman's Club for.....")

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**For a specific layout, send artwork/layout to Cheryl Harrington,  
cheryl410@tvc.com**

**•• See Score Card for deadlines.**

**Enclose a check payable to: GFWC Kentucky**

GFWC KY Headquarters  
PO Box 1587  
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## GFWC Kentucky

Kentucky Clubwoman  
Please submit stories and photos for the  
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state

Email items to:  
cheryl410@twc.com  
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mail to  
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Louisville KY 40245

**Submit money for Ads to**  
GFWC KY  
at the PO Box address  
c/o Treasurer

**Our Past to Present**  
Kentucky Federation of Women's Club  
(KFWC) was founded in July 1894 and was  
the fourth state to federate with General  
Federation of Women's Club (GFWC). In  
Spring of 2012 KFWC voted to change  
their name to GFWC Kentucky.  
Our state headquarters is located at  
104 Lakeview Court in Frankfort KY.

**Mailing address:**  
PO Box 1587  
Frankfort KY 40602

We are on the web  
[GFWCKY.org](http://GFWCKY.org)

**2025  
dates  
to  
mark**



- Sept 20<sup>th</sup>   Gateway through the Bluegrass District Conference**
- Oct 4<sup>th</sup>   Midwest District Conference**
- Oct 11<sup>th</sup>   Golden Fillies District Conference**
- Oct 18<sup>th</sup>   Mountain District Conference**
- Oct 23<sup>rd</sup>   26<sup>th</sup> SER in Roanoke, VA**
- Nov 15<sup>th</sup>   Friendsgiving at State Headquarters**