

Okolona Woman's Club is hosting a Mental Health First Aide Class

Date: Thursday, June 12 and Friday, June 13....must attend both days to be certified

Time: 9:30 am to 2:00 pm both days

Location: OWC Clubhouse, 9017 Preston Highway, Louisville KY 40219

Instructor: Pace Cooke Emmons

Fee: \$50 per person, which covers the cost of the class materials that you will get to keep and your certification for 3 years (which is easily renewed after 3 years). This is at a greatly reduced cost for this class that a Certified Mental Health Instructor is teaching free to us.

This class is open to all Golden Fillie Clubwoman; and Pace's Woman's Club of Central Kentucky... if room is available.

If interested in attending, I need to receive a text or email from you ASAP with your:

Name
Mailing Address
Email Address
Phone Number

There may be a little homework to do before your attendance on June 12 that I will need to get to you.

Again, the cost will be \$50 payable to Okolona Woman's Club
Please contact me directly at:

Cheryl Harrington
17423 Curry Branch Road
Louisville KY 40245
Cheryl410@twc.com
502.876.2121

You can either mail the fee to me or give it to me at our meeting on June 3rd. I need to have a head count by June 9 at the latest please. If money is an issue right now for you.....I can work with you if truly interested in this training.

You are welcome to bring a lunch for yourself (especially if you have dietary restrictions)though I will have lite refreshments (cheese, meats, crackers) and other edibles for us all on hand. We will have a working lunch and periodic breaks during the training.

This is NOT a fundraiser for OWC....we just wanted to be involved with helping mental health issues that we all see and encounter in our daily lives. *Cheryl Harrington*

Come be a solution to a national
crisis in our country.