



GFWC Kentucky Clubwoman Publication

November 2024

President's Message

Let me start by saying WOW! Ladies, you blew me away these last two months as I traveled across our great state. (just over 2300 miles) Your hospitality was off the charts. As the saying goes, "Those who can do. Those who can do MORE, volunteer." Hearing about all of the AMAZING work that your clubs are doing in your communities, I was in awe. We are closing out 2024 and I can't wait to see and hear about the great work that will be happening in 2025!

You took my theme of RISE UP to a whole other level. I am so proud to be your state president. In 2025 I would like to see us not only continue to Climb the Mountain but to CONQUER the Mountain! "Stand tall, Reach high, Dream BIG"

I am looking forward to seeing so many of you at Friendsgiving! This will be a day of fellowship, gratitude, fun, and of course food. The Executive Committee and I are so excited to be your hostesses on 11/16/2024 at Noon EST. If your plans change and you are now able to join us, but you have not sent an RSVP, PLEASE PLEASE come anyway. This will be a fun day to remember.

Are you following the GFWC Kentucky Facebook page?? You might just see your picture on there. The page you are looking for is: GFWC Kentucky, Inc.

Amy Mason

GFWC KY State President

"If I cannot do great things, I can do small things in a great way" — Martin Luther King, Jr.



GENERAL FEDERATION OF
WOMEN'S CLUBS
KENTUCKY



Are your Calendars Marked?!?!

November 2024

- 11/16 Friendsgiving Starts at Noon (HQ Frankfort, KY)

December 2024

- 12/04 GFWC Holiday Open House (Washington DC)

March 2025

- 03/03-03/07 KY Children's Advocacy Week
- 03/05 Day at the Capital (more info to come)
- 03/05 GFWC Women's History Celebration
- 03/27-03/29 GFWC KY State Convention (Lexington, KY)

April 2025

- GFWC Volunteers in Action Week
- 04/24 Federation Day (HQ Frankfort, KY)

June 2025

- 06/06-06/09 GFWC International Convention (Atlanta, GA)

July 2025

- 07/18 - 07/19 GFWC KY Summer Summit 2.0 (Lexington, KY)

October 2025

- 10/19-10/25 Advocates for Children's Week
- 10/23-10/26 Southeastern Region Conference (Roanoke, VA)

*In
Loving
Memory
of*

Thelma Wallen

Thelma was a faithful member of the **Monticello Woman's Club** for over 40 years. She held various officer positions in the club. Thelma worked on the scrapbook for many years and was tireless in her volunteer work at the Mill Springs Gift Shop.



Fun was had by all at the GFWC South Eastern Region (SER) Conference in Wilmington, NC from October 24th - 27th, 2024.

The keynote speakers were GFWC International President, Suellen Brazil and Rob Scheer, founder of Comfort Cases, an advocate for children in foster care.

This year the hands-on volunteer project was packing over 200 Comfort Cases: overnight bags with pajamas, hygiene items, books, activities and comfort items such as a warm fuzzy blanket and stuff animals for children and teens transitioning into foster care.

*I would also like to **SPOTLIGHT** our Director of Junior Clubs Chrissi Cuel who spearheaded the Hurricane Relief Fund to help in the recovery of areas ravaged by Hurricane Helene to North Carolina, Tennessee, and Virginia. Thanks to the generosity of GFWC members, we were able to raise over \$19,000 for hurricane relief.*

If you have never attended a Regional Conference, I encourage you to! Mark your calendars, Roanoke, VA October 23th - 26th, 2025!!

Amy Mason

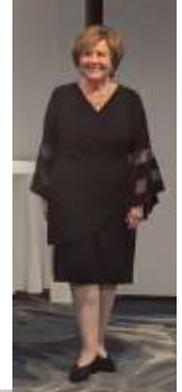
GFWC KY State President

GFWC * SER



GFWC South Eastern Region (SER) Conference in Wilmington, NC





GFWC KENTUCKY DIRECTOR OF JUNIOR CLUBS



CHRISSI CUEL
GFWC KENTUCKY DIRECTOR OF JUNIOR CLUBS

HELLO FELLOW CLUB WOMEN,

I am reaching out with an exciting opportunity to support our youth across the Commonwealth! From March 3-7, 2025, Kentucky Youth Advocates will be hosting Children's Advocacy Week, a pivotal time dedicated to championing policies and programs that uplift and protect children in our communities.

As part of this important initiative, March 5 will be a "Day at the Capitol", offering a unique chance for us to stand together and amplify our voices for Kentucky's youth.

This year, GFWC Kentucky is working to raise funds to become a "Sponsor" at Children's Advocacy Week, and we need your help to make this possible. As we work together to make a meaningful impact in the lives of our youth, I am reaching out with an exciting and urgent opportunity. We are seeking to sponsor the Kentucky Youth Advocacy's "Children's Advocacy Week", a initiative dedicated to advocating for the well-being and rights of children across our state.

To make this sponsorship possible, we need to raise \$2,500 by January 1, 2025. Time is of the essence, and every contribution matters. By donating, you are directly supporting advocacy efforts that fight for Kentucky's children and ensure their voices are heard.

Let's come together as GFWC KY members and show our commitment to building a brighter future for Kentucky's children. Thank you for your generosity and dedication.

Warm regards,

Chrissi Cuel
Director of Junior Clubs, GFWC KY

Please make your checks payable to GFWC Kentucky, in the memo line please write KY Children Advocacy and mail them to:

GFWC Kentucky
PO Box 1587
Frankfort, KY 40602



CONTACT:

109 Pleasant Ridge Lane-Woodbine, KY 40771
606-515-3009

chrissihinklecuel@gmail.com

GFWC KY Scorecard..... Gale Vinson, Chair

Keep Score of What???

- dues
- speakers
- CSPs
- reports
- membership
- conferences
- projects
- February 1st
- articles
- district
- required
- bonus



To join Photocircle...
 scan this code to see
 all of the pictures
 from 2024 GFWC
 SER Conference that
 was held in
 Wilmington, NC.
 It is free to join!

CC
 Chrissi Cuel
 has invited you to join

**2024 GFWC SER
 Conference**
 70 Members, 857 Photos & Videos

Open the Camera on your iPhone or Android phone to scan this code.

photocircle
 Available on iOS & Android. PhotoCircle is the easiest way to privately share photos with people you trust.

Football and Fundraising



Those of you who follow football, be it Pee Wee, high school, collegiate or pro, know that the season is coming to an end. Some would say it just started, while others may say thank goodness. No matter what your thoughts, football and fundraising has lots of similarities.

If you follow a few of these fundraising tips, your club will have no flags thrown and all touchdowns.

The first play in the playbook is to make sure you don't start out your fundraiser with a false start or an illegal formation. Make sure your fundraiser is legal in your area. Some cities have specific rules about fundraisers and if you don't follow the rules, you may be suspended from the game.

What happens when someone takes the ball and runs the wrong way on the field?! Besides yelling come back, come back, you want to make sure that all members of the team, club, all know the direction you want to go during the fundraiser. Brainstorm, survey, or ask the team about the best way to move forward with the fundraiser.

Is it an old fundraiser the club has done for years? Is the team saying, no, not again. Refresh it! Give it a new name or is it time to retire it and not be a part of the game plan.

Are the dollars you are raising still a project or cause the team to feel good about supporting? Are they still passionate about it or is it time to bench it and find a new rookie cause?

A fundraiser has to create excitement on the sidelines as well as in the stands. Ok, it means it creates excitement within the club and in the community. Make sure to check the GFWC Club Manual on the portal for new projects, ideas, and ways to score big.

Once your team is headed in the right direction, don't let the umpire throw a flag for too many women on the field. It is important to clearly define the roles and responsibilities of each player. You could have problems if you have too many members trying to move the ball or even worse, too many members on the sideline wondering when they will get into the game. It's important everybody knows the play when the game begins.

Use your team members' talents wisely. Have a member who likes to talk..... let them talk and call the play for sponsorships or donations. Who is that creative member that is good at designing catchy fliers or t-shirts? Let them post on social media. Just make sure you check, double check and even triple check all the spelling and those catchy slogans so they don't offend anybody. Make sure the information is complete. When something isn't right that we put out on social media, we lose 7% of our credibility.

Have a member who likes spreadsheets and money. Have them keep the team



informed on the success of your team moving to the goal-line.

Your publicity should be clear and state exactly what you're doing, what your raising money for and if there are rules, make sure they are clear and understandable. Not dropping the ball will let you score.

Like all our projects, a good fundraiser is an opportunity for your club to gain visibility and goodwill for the club. A well-organized project is a great way to connect with the community and for those attending your event with a positive impression of your club and the work you do. A good fundraiser is an opportunity to tell your GFWC story and attract new members. Don't we all want to be part of a winning team?

As the Southeastern Regional Rep to the GFWC Fundraising Committee, we want your team to use the playbook and score in every quarter of the game. There's no better feeling that taking the ball over the goal line and the ump saying TOUCHDOWN!

Susette Redwine



Monticello Woman's Club

Through funds received from the sale of goods in our gift shop at Mill Springs Kentucky, the Monticello Woman's Club was able to donate 2 stone wheel chair accessible picnic tables to be placed at the Dr. Ronald McFarland All Inclusive Playground at our local park. This playground is for disabled children and their families, and is a marvelous addition to the parks existing playground. Members of the Monticello Woman's Club were honored to be able to do this for the community.

Tammye Sumpter
President of the Monticello Woman's Club

Jackson Woman's Club Beautifying Main Street

The Jackson Woman's Club and the Lee's College Campus of Hazard Community and Technical College worked together a few years ago to create a beautiful gazebo and garden area on Main Street that we call the Main Street Park. It provides a wonderful spot to sit with friends, read a book from our on-site little free library, and enjoy the flowers. Each spring and summer the Jackson Woman's Club has the pleasure of planting flowers, watering them, and helping upkeep the gazebo and other parts of the grounds. In 2020 we placed a monument to honor those we lost in the flood of 1939 and we have a new monument on the way that will be placed alongside it to honor those we lost in the flood of 2022.

It is a project many of us look forward to each year as we all love the opportunity to water the flowers and help make the Main Street Park look its best. Many of us even involve our families in the project as well. We love that this project not only serves our community year-round, but it fosters a love for our community and volunteerism for our youth.



Pictured: Jackson Woman's Club President Jacqueline Howard watering the flowers at Main Street Park with her son Beau and daughter Athena.

Tasty Shots for Shot@Life

Members of the GFWC Morehead Woman's Club invited Shot@Life Champion Bridget Murphy to talk about the program and what we as members can do to eliminate measles. Members were asked to bring \$5 to the club meeting for a "shot," not really knowing what to expect. After the presentation, President Tammy Collins Bonney and Vice President Susette Redwine presented each member a "shot" needle pen and those that donated at least \$5 were treated with a special dessert shot. It was a tasty shot and a donation has been made from the club to Shot@Life.



Golden Fillies District Winners ...Photography Contest

World in Pictures

Our World Up Close: Woman's Club of St. Matthews: Fran Evola

Natural Wonders: Radcliff Woman's Club: Kristin Ramirez

Reflections: Okolona Woman's Club: Rachel Pace

GFWC Volunteerism in Action

Radcliff Woman's Club: Julie Aldridge

Vice Governor Shannon Harp

Morehead Woman's Club



**Visit us and the 21 Sheltoewe
Turtles in Morehead!
See if you can find Cora, named after
the GFWC Morehead Woman's Club
first president, Cora Wilson Stewart, known
as the Moonlight School Lady.**



Murray Woman's Club

You're Invited



Murray Woman's Club

Christmas Open House

Sunday, December 1, 2024 at 2PM

704 Vine St, Murray, KY

Join us at the Clubhouse for singing, cookies, and fellowship!

The MWC Music Department Chorus and High School choirs will perform.



GFWC Kentucky Members for Your Generous Contributions to Hurricane Relief. In times of crisis, the power of community shines brightly, and the GFWC Kentucky members have shown an extraordinary commitment to supporting those in need. We are thrilled to announce that, with the combined efforts of the GFWC Southeastern Region (SER) club women, including our dedicated members from Kentucky, we have successfully raised over \$19,500 to support hurricane relief efforts in Tennessee, North Carolina, and Virginia. This remarkable achievement would not have been possible without the tireless efforts of the State Directors of Junior Clubs across the GFWC SER, who spearheaded this initiative with compassion, determination, and unwavering dedication. Special thanks go to Chrissi Cuel, GFWC KY Director of Junior Clubs, whose leadership inspired and mobilized our Kentucky members to play an active role in these relief efforts. Together with her counterparts in other states, Chrissi and the Clubs across Kentucky provided a vital boost to our fundraising campaign. The funds raised will go directly toward assisting families and communities affected by the devastating hurricanes that swept through the Southeastern region. From immediate necessities like food, water, and shelter to long-term recovery resources, these donations are a lifeline for those working to rebuild their lives. Thank you once again to each of our Kentucky members for your generous contributions, your compassion, and your commitment to making a difference. Your generosity reflects the very best of GFWC and underscores the power we have when we work together. Let us continue to uphold the spirit of giving and service that defines us and remain a beacon of hope and support for all those in need.

With heartfelt gratitude,
Chrissi Cuel
Director of Junior Clubs, GFWC KY

Southeastern Region Strong



OSSOLI CLUB OF CORBIN



Supporting our Community
for over 80 years.



GFWC Morgan County Woman's Club
wishes to thank our county's
volunteer firefighters and rescue
squad members....our HEROES!!

Arts and Crafts

“Whenever you are creating beauty around you, you are restoring your own soul.”

Alice Walker

Okolona Woman’s Club is well known for their crafting and card making. The quote above is a window into how I feel about the arts. I feel better and more centered when I take time for self-care and enjoy my hobbies. At OWC, we have a weekly craft day at our club where members who are able to, come and work on their hobbies and enjoy fellowship with other members. A new member has told us this has helped her immensely as she felt so lost after the passing of her husband last year. She is now making great friends and working on her card making & her embroidery and is also actively volunteering for opportunities within the club.

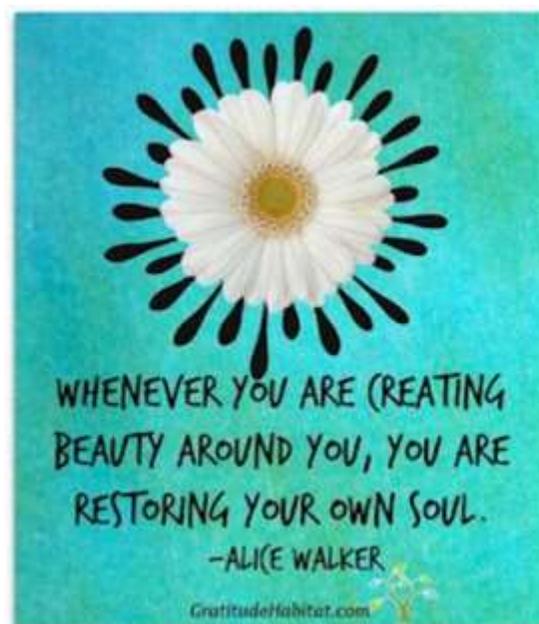
Your club could make holiday cards for Meals on Wheels to deliver with the meals, or, make cards for the local nursing home residents.

Take time to celebrate other cultures as well. Attend a Christkindlmarket or other holiday fair. Attend holiday concerts and plays with your club and support your community by either participating or simply encouraging your members to attend.

I would love to know what your club is doing in the arts. Do you paint? Do you write poetry? Do you attend local theater or music events as a club? Please email me at kimberthull@yahoo.com and let me know. I would love to learn more about your activities. Be sure to let me know about your District Arts & Crafts contests, too!

Kim Thull

Arts & Culture Chair



Okolona
Woman's Club
wishes
everyone a
happy and
healthy fall
season!



SAVE THE DATE!

A collage of three photographs: the top left shows three children in school uniforms; the top right shows two women at a podium with a 'TEAM KENTUCKY' sign; the bottom left shows a man sitting in a chair.

**2025 CHILDREN'S
ADVOCACY WEEK**

March 3-7, 2025

Day at the Capitol, March 5th

aetna
SIGNATURE SPONSOR

**BLUEPRINT FOR
KENTUCKY'S CHILDREN**

2024 Golden Fillies Conference

The 2024 Golden Fillies Conference was held at the Adventure Christian Church in Louisville, Kentucky. Governor Mary Frances Klein called the meeting to order at 10 a.m. There were 43 attendees from five clubs: Fern Creek Woman's Club, Leitchfield Woman's Club, Okolona Woman's Club, Radcliff Woman's Club, and Woman's Club of St. Matthews. Kentucky President Amy Mason, Kentucky Second Vice President

Charlotte Johnson, and Chrissi Cuel, Kentucky Director of Junior Clubs, also attended. Mikayla Coffenberry came with Amy to help with the market place.



The tables were decorated for fall with center pieces and candy cups for everyone. The day started out with various

pastries with coffee. Lunch was sandwiches from McAlister which everyone enjoyed.

The presidents from all clubs were present and gave detailed information on their clubs' activities over the past year.

Quarter Wars was held and a profit of \$222 was made. This will be divided between two charities to be decided at a later date.

Vice Governor Shannon Harp from Leitchfield had two judges present to judge the various contests. All the winners were announced. A motion was made during the meeting to form a group to discuss the contests as they need to be modernized.

An 8X8 shadowbox for each District was discussed. Each club is to come up with something that represents their club to be in the box. The box will be on display at the March meeting and then at Headquarters in Frankfort.

Everyone went home after a fun day. Thanks to everyone who helped with the Conference and who attended. Next year's conference will be held in Leitchfield on October 11, 2025.



Mary Frances Klein, Governor



WaterStep

Woman's Club of St. Matthews went on a field trip to WaterStep. WaterStep is a non-government organization based in Louisville, Kentucky, that focuses on sustainable solutions to the world's WASH (water, sanitation, and hygiene) crisis. WaterStep provides expert solutions for places where infrastructure is fragile and execution challenges are particularly difficult, especially in slums, rural villages, and in communities responding to natural and manmade disasters. It's Kentucky ingenuity, Kentucky brainpower, and Kentucky manpower in service of all mankind.

The members all gathered with bags of shoes to donate. WaterStep funds clean water projects with used shoes. There were three speakers and then we sorted shoes.



Pikeville Woman's Club

The Pikeville Woman's Club is happy to announce that we are sponsoring a girls' softball team at the YMCA for Spring 2025.



Benton Woman's Club

Benton Woman's Club
Celebrating 110 years
Federated!



Congratulations to Chrissi Cuel,
GFWC Kentucky Director of
Junior Clubs!
Keep up the great work!

From...GFWC Kentucky Barbourville Juniors
Woman's Study Club

WESTERN WATERWAYS DISTRICT

GFWC KENTUCKY WESTERN WATERWAYS DISTRICT FALL CONFERENCE was held on September 14, 2024 at the clubhouse of Murray Woman's Club, 704 Vine Street, Murray, Kentucky. Martha Crafton, Murray Woman's Club, led the assembly in reciting the Pledge of Allegiance to the Flag. The Murray Woman's Club Chorus sang the National Anthem. Governor Kelly extended the Welcome to the assembly. The Chorus sang "The Prayer", the Collect set to music.



Governor Kelly introduced the members of the GFWC Kentucky Executive Committee who attended the Conference: Governor Kelly spoke briefly about the theme for the Conference, which was Wellness, and the types of Wellness: physical, social, spiritual, and mental. She then introduced GFWC KY President Amy Mason, who spoke of personal experiences to further understanding of the importance of mental wellness and learning to recognize someone in mental health crisis and how to respond. She explained that these experiences are the basis for her administration logo and the t-shirts for sale through the GFWC Kentucky Marketplace with the "Rise Up" logo on them, to symbolize rising above the stigma of mental illness.



CLUB REPORTS from Devan Willoughby, Benton WC president, Mignon Rutledge, Hazel WC president, Kathy Bodine, Murray WC president and Governor Kelly stated that she had received a report from WC of Marion, but no one was able to attend.

DISTRICT OFFICER REPORTS were made by Governor Joetta Kelly and Vice Governor Dana Vinson. Vice Governor Dana Vinson announced the winners in the various categories of the District Arts, Crafts, and Needlework Contest and the GFWC Photography Contest.

After having a great lunch since it was an 80'S THEME CONTEST with 80s fitness wear, everyone judged who had put together the best outfit. Door Prizes were awarded throughout the day through ticket drawings.



Joetta Harlow Kelly



National Day of Service

The **GFWC-KY Prestonsburg Woman's Club** was very active for this year's National Day of Service! We collected 14 jars of peanut butter from our members to support the GFWC National Day of Service project. We also are in the midst of building a brand new Blessing Box outside our clubhouse at Archer Park in Prestonsburg. We will be partnering with local agencies to help build the Blessing Box and club women will paint and decorate the box and provide both non-perishable food items as well as feminine hygiene products to stock the box. Additionally, we have collected 12 bags of groceries for our local Loaves & Fishes food pantry/Blessing Box. Finally, several of our members participated in a 'Back to School' event hosted at Archer Park and some of our members helped to serve hot dogs to the hungry crowd and others dispersed 100 bags of hair ties that our club donated to our local school children this year. All in all, the Prestonsburg Woman's Club members are 'Living the Volunteer Spirit' while helping to stamp out hunger in our community!

Jasmine Saucedo-Izbrand and Tammy Price stuffing hot dogs for the 'Back to School' event at Archer Park in Prestonsburg.



Sabra Jacobs

Lexington Woman's Club

cordially invites you to

Bids for Kids

Saturday, March 22, 2025

at

Lexington Country Club

2550 Paris Pike

Lexington, Kentucky

Benefits the Clothing Center and our Scholarship Program

RSVP to Sally Vest 859-421-2208 or svest312@aol.com for tickets



Congratulations

Williamstown Woman's Club

100 years as a club!



Jackson Woman's Club

Celebrating 77 years
of Community Service



Fern Creek Woman's Club Louisville, KY



FCWC Member Tammy Harrod
with Violet

September is National Service Dog Month, and the Fern Creek Woman's Club is proud to work with Canine Companions. Several members of the FCWC attended the proclamation to Canine Companions at the local Chamber of Commerce September meeting.

Proclamation presented
to Canine Companions



Founded in 2024, the Kentucky Volunteer Chapter of Canine Companions is made up of Puppy Raisers, Graduates, and Volunteers who have a passion for seeing exceptional service dogs go to exceptional people! The Kentucky chapter hub in Louisville was started by one of our very own FCWC members, Tammy Harrod . Tammy and her dog Violet are regulars at all our FCWC meetings. We started "Pennies For Puppies" at each of our meetings, offering donations toward this wonderful organization. FCWC members have supported Canine Companions with fundraisers at the Louisville Bats game, another at Hubers Farms in Indiana, and we have an upcoming event scheduled at Churchill Downs.

If you would like to learn more about Canine Companions, check out their website at Canine.org.



FCWC members supporting Canine Companion's Proclamation's Chamber of Commerce Meeting

Respectfully submitted by Lois Obert, President FCWC

Merry Christmas from Livermore Woman's Club

Treeless Christmas Tree Forest

After trying for several years to decorate trees, display them in the community and take bids, the club decided this was too much work for no more money than they were getting. So the birth of a new idea came about.....the "Treeless Christmas Tree Forest". Just like a No Bake Bake Sale!

The club advertises the opportunity to donate funds for their scholarship program without having to purchase another Christmas tree! This project has proven to be very profitable without all the extra work.

You may donate to: Livermore Woman's Club by sending your money to
Livermore Woman's Club
Dianna Hoover
613 Raymond Curry Lane
Livermore, KY 42352.



PEPPERMINT BARK

Author Sara Welch



Ingredients

- 12 ounces semisweet chocolate chips or chopped semi sweet chocolate
- 16 ounces white chocolate chips or chopped white chocolate
- 1/2 teaspoon peppermint extract
- 3/4 cup crushed candy canes

Instructions

Place the semisweet chocolate chips in a medium bowl and microwave for 30 second increments until melted. Stir until smooth.

Spread the chocolate into a roughly 9"x 13" rectangle on a piece of parchment paper. Place the chocolate in the fridge for 10 minutes to partially set. Do NOT go past 10 minutes in the fridge. The chocolate should be just set around the edges but still partially melted in the middle. If you let the semisweet layer harden completely, the white chocolate may not stick to it.

Place the white chocolate chips in a medium bowl and microwave for 30 second increments until melted. Add the peppermint extract and stir until smooth.

Spread the white chocolate over the semisweet chocolate layer. Top with candy canes. Let harden in the fridge for about 20 minutes or until the chocolate is completely set.

Remove from the fridge and let the bark sit at room temperature for about 20 minutes. Use a straight edge chef's knife to cut the bark into pieces by cutting straight down through the layers of the bark. Serve and enjoy.

Calories: 276kcal | Carbohydrates: 27g | Protein: 2g | Fat: 17g | Saturated Fat: 10g | Cholesterol: 7mg | Sodium: 27mg | Potassium: 201mg | Fiber: 1g | Sugar: 24g | Vitamin A: 20IU | Vitamin C: 0.2mg | Calcium: 70mg | Iron: 1.4mg

GFWC Kentucky

Kentucky Clubwoman
Please submit stories and photos for
the newsletter for your club, district,
and/or state

Email items to:
cheryl410@twc.com
or
mail to
Cheryl Harrington
17423 Curry Branch Road
Louisville KY 40245

Our Past to Present
Kentucky Federation of Women's Club
(KFWC) was founded in July 1894 and was
the fourth state to federate with General
Federation of Women's Club (GFWC). In
Spring of 2012 KFWC voted to change
their name to GFWC Kentucky.
Our state headquarters is located at
104 Lakeview Court in Frankfort KY.

Mailing address:
PO Box 1587
Frankfort KY 40602

Submit money for Ads to
GFWC KY Treasurer
at the PO Box address

We are on the web
GFWCKY.org

Happy
Fall
Season

