

Arrow Talk

I am so happy that we "Flocked Together" the weekend of July 22-23 in Lexington for our Summer Workshop. It truly was "FlamaZing", and I hope each of you took back to your club one new idea. My thanks to all the Chairmen who presented and those that could not be present but sent us reports.

You will be seeing more about the GFWC Community Connection Initiatives (CCI – were the GFWC Challenges) and what we in Kentucky will be focusing on. The great thing is that many are the same.

Just how many times did you hear, and someone say, it's on the jump drive or it's on the member portal? I feel like the theme for the weekend should have been jump drive and member portal workshop! So, the jump drives are ready! If you did not get to join us, your club will need one. One of the things I wanted done and have always wanted to do, is to put all the forms, reports, and contest under one cover. So, this time we did. There is a separate manual for "Contest – Forms – Reports." Catchy name isn't it? You also have the yearbook with contacts and the administrative calendar; the President's manual; and the GFWC Kentucky Bylaws and Standing Rules as amended during the May 2022 Annual Convention. If you need a jump drive, please send \$20 - \$15 for the jump drive and \$5 for postage to:

Peggy Barnes 2936 Summerfield Dr Lexington, KY 40511

Included in this newsletter is information on how to get on to the GFWC Members



Portal. The GFWC Club Manual is located there along with other great information. You need to take time and visit the portal and see what all is on there.

It will soon be time for our District Meetings, and I am looking forward to visiting with you! Have a great rest of the summer.

Keep Moving forward Kentucky! Susette Redwine, President

2022 GFWC Annual Convention/New Orleans

LET THE GOOD TIMES ROLL 2022 GFWC Annual Convention was just that, a "Good Time".

Traveling to conventions allows me a chance to see things I have only heard of, such as, Lake Pontchartrain (I heard about it on NCIS New Orleans).

Once at the hotel, I ate Drago's "original Charbroiled Oysters" and the market place within the hotel had Cafe du Monde where I got a Beignet. Secret to eating a beignet: #1 don't inhale while taking a bite and #2 don't wear black.

Meetings for the convention started Thursday evening with a "Meet and Greet" for LEADS. Our own Sharon Price attended.

Friday morning, I attended the State Presidents meeting. The stories that were told about "seasoned" (80-90 year old women) club women and their involvement in club work was amazing.

Committee meetings continued until mid afternoon with the day ending with "When the Saints Go Marching In" Banquet.

Saturday began the GFWC Business Session and among other things "Proposed Amendments to the GFWC Resolutions". This part of the business session proves to be very interesting.

Saturday evening the Juniors conducted their award banquet "Pennies from Heaven". During the award ceremony our 2020-2022 Director of Junior Clubs Preshus Howard received the Platinum (highest) level Millie Crom award.

Sunday began with workshops for both Affiliates and GFWC Programs. I attended Heifer International. I'd love to visit their headquarters someday. I was asked to attend the Legislation and Public Policy workshop and I did and glad of it. Business session resumed.

Sunday evening State pictures were taken and Regional banquets were held. At the Regional banquet the 2022-2024 Regional officers were installed. There was a false fire alarm during dinner, exciting to say the least.

Monday back to business with the Report of the Election Committee.



The day ended with "All That Jazz" GFWC Gala Banquet. This was the time to say "Goodbye" to GFWC International President Marian St Clair and Director of Junior Clubs Kristina Higbee.

Tuesday was the final business session. On that day I received the Charlotte Emerson Brown Award.

Also on Tuesday, 2022-2024 GFWC KY President Susette Redwine extended the invitation

to the 2023 GFWC Convention to be held in Louisville, Kentucky.

The evening ended with the installation banquet for the GFWC 2022-2024 officers. I must admit it was truly a beautiful evening.

Bright and early Wednesday morning the trip back to Kentucky began. I always enjoy seeing the ladies of GFWC that I have met over the years and then meeting new ladies too.

The 2023 GFWC Convention in Louisville should be A GREAT TIME!!!!

Teresa Schmidt
President Emeritus



2022-2024 GFWC Administration

Deb Strahanoski

International President

"Let's Dream Big - Sparkle More"

So come on GFWC Kentucky
Shine Bright!

Congratulations

Kentucky's own

Teresa Schmidt
won the
Charlotte
Emerson Brown
Award

and

Preshus Howard won the Platinum level of the Millie Crom Award

GFWC KY Summer Workshop Recap



The 2022 GFWC Kentucky Workshop was held on Friday and Saturday, July 22-23, in Lexington. We came in like a flock of flamingos and left town having had a great time and learned much!

Workshops were held on Leadership, Membership, WHRC, and time was spent on the Dues and Contributions Sheet due to GFWC Kentucky Headquarters by November 1, along with the GFWC Kentucky Scorecard changes. This form is due to headquarters by February 1. It's a great road map to follow as your club begins to make plans for the upcoming administration.

On Friday night, you could hear lots of talking and laughing flamingos as clubwomen participated in games, crafts and taking selfies. The CSP chairmen put together activities that could be done at a club meeting and reported under the new CCI program for GFWC; Community Connection Initiatives; once called challenges.

Saturday started with a speaker from Wreaths Across America and how your club can become part of that special ceremony and the laying of wreaths. All the CSP's

projects were covered both for GFWC and GFWC Kentucky. Legislative and Public Policy,

Communications and Public Relations, Advocates for Children, Director of Junior Club's special project, the CIP award, and the Jennie Award were also discussed.



If you were at the May

Sunday morning Board of Directors Meeting, you know there was an Ad Hoc Committee put together to discuss the future of the Press/Social Media Book. The committee came back with a new idea and Linda McFarland, Chairman, presented the Press/Social Media Book; with no changes; OR the new Club Portfolio.

All GFWC Kentucky contests were discussed which included photography, writing, newsletter, and website. Secretary tips were given to take back to club secretaries along with treasurer tips.

We closed out the day with information on the upcoming SER meeting to be held

Oct. 28-29 in Lexington and the GFWC International Convention in Louisville, June 9-13, 2023.



It was a FlamaZing 24 hours, and we hope you enjoyed the time together and took home new ideas! Move Forward Kentucky!



Welcome our new Domestic Violence Chairperson

Emily LaDouceur from Berea Woman's Club

Her contact information is: em.j.ladouceur@gmail.com 718-607-0413



Shop-n-Share dates have been tentatively set for

Saturday, February 11, 2023

Watch for more information!



Our thoughts and prayers go out to
Patricia Hackworth, Governor of
District 7/8
on the loss of her Aunt and Uncle
during the recent
flooding in Eastern Kentucky.



Eastern Kentucky Flood Relief

The past few days Kentucky, and specifically Eastern Kentucky, has been in the news with the reports of the floods. This has devastated many of our members throughout the state. Since December 2021, our state has suffered a tornado in Western Kentucky in December, a March flood in this same area and now a flood that has surpassed the 1939 flood. Communities have been wiped out and the regional hospital in the area has not heard from over 40 members of their staff as of noon on Sunday. Thirty physicians, nurses, and staff on duty when the flooding started have lost everything.

I am happy to report that to the best of my knowledge, our Club Presidents have reported no lose of life of any club women or her immediate family. We have had members who have lost family members and we have members who have lost everything along with major damage to homes and property. How can you help?

If you would like to donate to the overall relief cause, we recommend donations to a secure site through Governor Andy Beshear's Office; Team Eastern Kentucky Relief Fund.

https://secure.kentucky.gov/FormServices/Finance/EKYFloodRelief This tax deductible site will assist with all areas affected by the floods. I have been in contact with his office and feel that this is the best of several foundations that will get the needs to people of Eastern Kentucky the quickest.

If you want to assist our specific club women, we recommend gift cards sent to our GFWC Kentucky Headquarters. Gift card valued over \$50 will receive a tax deduction letter from us. Gift cards to assist our members in Eastern Kentucky should be VISA gift cards, Dollar General, Family Dollar, Walmart, and Lowe's. These are the places our club women can get to from their areas the easiest. On Saturday, August 27, the Executive Committee will meet and package the gift cards received and then deliver them to the members who are in need of assistance. We are working with our Club Presidents to keep us posted as to whom needs help.

You can mail your gift cards to GFWC Kentucky at PO Box 1587, Frankfort, KY 40602. As part of the SER President's Special Project, we asked you to donate school supplies to local schools. If you can continue to do this, please do and report to me by September 10th. However, this need is greater as people have basic needs. This too will count towards the Special Project. I feel terrible talking about this when I know so many are suffering.

I ask that you continue to keep these club women in your thoughts as the forecast for the next eight days is more rain.

Susette

State President



On behalf of GFWC Kentucky

We want to wish

Kaylan Turner the best of luck.

She has found it necessary to step away from her position as Director of Junior Clubs.

Kaylan, we will miss you and wish you the best of luck.



Our Director of Junior Clubs-Elect,
Sherri Hammons
Has agreed to fulfill the term during this Administration!
Please welcome Sherri to the Executive Committee!
Sherri is a member of the GFWC
Barbourville Junior Woman's Student Club.
We can't wait to work with you Sherri!



Facets of Leadership

We have all been leaders in different areas of our lives. Maybe we are leaders personally as a mom, aunt, or grandparent. Maybe professionally as a boss or teacher or team leader, and sometimes in more than one occupation or group.

Here are 7 Facets of Leadership that we can use no matter which group we choose:

First: Commit: Decide to be a good leader.

Second: We do this by Listening – (And by this we mean really listening and not thinking about what we want to say next)

- + Be present
- + Be interested (in them)
- + Be open minded (everything doesn't have to be our way)
- + Choose good body Language (don't' cross your arms, lean in)
- + Be considerate (we all want to be shown kindness)
- + Be aware of the setting (read the room)

Third: Be willing to Communicate:

- + Your feelings (can be different in different situations)
- + Experience (We can learn a lot from others who have been through the same thing)
- + Your opinion (if needed and asked for in a tactful way)
- + With your voice (show what you care and are passionate about, this others excited too)
- + Have synergy The combination of two or more groups to produce a combined effort greater than what one can do alone.
- + Have a check and balance on your communication good for some but not TMi
- + Silence is good at times. Can be hard and sometimes awkward but is good for reflection.

Fourth: Be Humble: No one wants to hear someone go on and on about their own accomplishments. They will come out naturally if needed.

Fifth: Be Innovative: We haven't always had the internet, computers, cell phones, GPS systems etc.

Sixth: Learn: Sometimes we learn more by failure than success. (I used to think it was awful f something didn't go over big. Now, if it goes greatawesome...if not, just don't do it again.:) Good failures: Boo Boo pie, Dippin Dots....

Seventh: Smile: If you see someone without a smile, give him one of yours!

- + Real life benefits
- + Helps with stress
- + Enhances recovery
- + Affects others
- + Passes along good vides
- + Reflects back to you

GFWC KY Summer Workshop Fun Night

The 2022 GFWC KY Summer Workshop began with a fabulously fun Friday night of hands-on activities! Each CSP and Advancement Area chairman was invited to prepare an activity that would, not only explain the area's focus project, but could be taken back to clubs for fun project nights at club meetings. The following program areas were featured on Friday night:

- Civic Engagement and Outreach (Gale Vinson, chair)-Wreaths Across America
 information was presented and members received wreath glasses, as this is the
 GFWC KY focus. A program speaker from WAA spoke Saturday morning. The
 GFWC focus is "A little thanks goes a long way," so thank you cards were made for
 essential workers across the commonwealth on Friday night.
- 2. Education and Libraries (Sherri Hammons, chair)-The focus at the GFWC level and the state level is supporting local libraries in whatever ways they may need. Members made bookmarks of their favorite books/authors and were encouraged to make and donate bookmarks for their local libraries' special events.
- 3. Environment (Nancy Hunt, chair)-The GFWC focus is community gardens, and the state focus is helping support pollinators, especially bees, by planting the types of plants that attract and sustain the pollinating insects. Members decorated glamorous gardening gloves, and the results were amazing! Check out the photos of these works of art!
- 4. Health & Wellness (Nikki Coursey, chair)-The state's focus is mental health, in particular, maternal mental health in KY. Members learned about MakeItOK.org and pledged to help reduce the stigma associated with mental health issues, especially suicide. Certificates were presented to members who made the pledge.
- 5. Communications & Public Relations (Crissi Cuel, chair)-With GFWC strongly encouraging clubs to increase their marketing and branding skills to make our organization more recognizable, members learned about social media presence and enjoyed a fun selfie booth. There was a prize wheel which attracted many members to this table!

The evening was a big hit! Members enjoyed learning about the various projects and socializing with members from across the state. The ice cream sundae bar was an added treat! Look for more information about GFWC's Community Connection Initiatives in the future! For more information about the state focus projects, contact the individual chairman or GFWC KY 1st Vice-President.

Bridget Murphy

1st Vice President
jamurphy@mrtc.com

















GFWC Member Portal



How to access Member Portal:

- 1. Select 'Profile' icon in the top right corner
- 2. Select 'Login'
- 3. Enter username and password
- 4. If you do not know the password, select 'Forgot your password?'
- 5. Enter your email address to receive a code
- 6. Enter the code provided in the email to create a password
- 7. Log into the portal with username and new password
- 8. If password problems persist, please email GFWC@qfwc.org

How to create an account:

- 1. Click on the 'Profile' icon in the right corner and select 'Join'
- 2. Enter a username, email address, and password
- 3. You should receive a verification code to your email address. Please note that the verification code may go in to a Spam or Junk mail folder.
- 4. Complete account creation by entering:
 - First and last name
 - Phone number
 - Address
 - Any other demographics
- 5. Affiliate yourself to a club and select 'Role'
- 6. Set 'Communication Preferences'
- 7. "Opt in"/"Opt out" from Communication Categories

How to update profile:

- 1. Select the 'Profile' icon in the top right corner
- 2. Select 'My Profile' from the drop down list
- 3. Select 'My Info'
 - Edit profile by clicking the pencil
 - Edit 'Communication Preferences' for email and newsletter preferences
- 4. Select 'My Account' tab
 - View 'Account History' for purchases and registrations
 - View 'Saved Payment Options' to edit credit card info for future purchases

How to update password:

- 1. Login using current password
- 2. Select the 'Profile' icon in the top right corner
- 3. Select 'Change my Password' from the drop down list
- 4. Follow prompts new password must be at least 8 characters, have an upper and lower case letter, have a number, and have a symbol
- 5. Select 'Update'

How to access 'Resource Documents':

- 1. Select the 'Profile' icon at the top right corner
- 2. Select 'My Digital Library'
- 3. Select 'Resources' folder
- 4. To view all folders A-Z, on the lower right-hand corner select 'Items per page: 50'
- 5. Choose appropriate folder
- 6. When downloading a document, ensure your internet browser is allowing pop-up windows in Member Portal

GFWC --an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

www.GFWC.org



GFWC KY has an opening for the Chair of the **Education and Libraries Community Service Program**. Interested? Please contact Susette Redwine at

susette.redwine@gmail.com or Bridget Murphy at jamurphy@mrtc.com

Watch for updates to website at GFWCKY.org

Moving Forward

Kentucky Clubwoman
Please submit stories and
photos for the newsletter for
your club, district, and/or state

Email items to:
cheryl410@twc.com
or
mail to
Cheryl Harrington
17423 Curry Branch Road
Louisville KY 40245

Our Past to Present

Kentucky Federation of Women's Club (KFWC) was founded in July 1894 and was the fourth state to federate with General Federation of Women's Club (GFWC). In Spring of 2012 KFWC voted to change their name to GFWC Kentucky.

Our state headquarters is located at 104 Lakeview Court in Frankfort KY.

Mailing address:

PO Box 1587 Frankfort KY 40602

(502) 352-2731

Place #IamGFWC and/or #IamGFWCKY on all correspondence – a great membership tool and a way to get the GFWC word out!

The last page of this publication contains the new Membership "Sparkle and Shine" Recruitment Campaign Report form that was just approved by GFWC Executive Committee. Please note the reporting due dates.





GFWC 2022-2024 MEMBERSHIP "SPARKLE and SHINE" RECRUITMENT CAMPAIGN REPORT

To submit the names of those successfully recruited during your membership campaigns, please complete the form below and return it to GFWC Headquarters by the deadlines noted:

Check which recruitment season you are reporting:

| □ Summer – RETENTION: "Pearls-Streen □ Fall – RECRUITMENT: "Ruby-Share You □ Winter – MENTORING: "Emerald-Hate □ Spring – RECOGNITION: "Diamond-Streen □ Spring – REC | our Passion" rmonious Connections" | (September (December 1) | er, October, Nove | t due September 1) ember; report due December 1) nary; report due March 1) t due June 1) |
|---|---------------------------------------|-------------------------|-------------------|---|
| ClubName | | | | |
| City | State Federation | | | |
| Club President'sName | | | | |
| Club Mailing Address | | | | |
| E-mail | Phone(day) | | | |
| Name Mailing Address City Phone | | tate | Zip | |
| Name | | | <u> 22.00</u> .00 | |
| Mailing Address | | | 11120 | |
| City | S | tate | Zip | Code |
| Phone | E | -mail | <u> </u> | |
| Name | | | | |
| Mailing Address | | | | |
| City | | tate | | Code |
| Phone | | -mail | | |

Please use additional sheets if necessary. Submit to:

GFWC Recruitment Campaign
1734 N Street NW | Washington, DC 20036-2990
202-347-3168| GFWC@GFWC.org