

September 2021



The Kentucky Clubwoman

*Wish Big, Dream Often, Be a Shining
STAR*



*Teresa Schmidt
GFWC Kentucky
President*

*Preshus Howard
GFWC Kentucky
Director of Junior Clubs*

*Joyce Bell
GFWC Kentucky Publication
Editor*

GFWC Kentucky President's Message

Greetings GFWC Kentucky Club Women,

As some of you were aware of back in October a decision was made that my husband Tony needed a heart valve replacement. Our wait was over, he was scheduled for the surgery on June 21. On Friday June 18, after a day of pre-op testing a chest X-ray was taken and then another more detailed X-ray was take. At around 5pm on June 18, Tony got a call that his heart surgery had been cancelled. The reason being he had a mass on the middle lobe of his right lung. A biopsy was taken and the results was Tony has inoperable stage 3 lung cancer. He started radiation and chemo the week of July 28. He's a real trooper!! Even with the side effects, which he was told about from the beginning, he goes to his part-time job at Lowe's and does what he can as a volunteer at Raptor Rehabilitation of Kentucky Inc (RROKI).

To say our world got a hold punched in it is an understatement but the love and support we have received from GFWC and GFWC Kentucky has been overwhelming and humbling. Needless to say I'm behind on sending out pictures from the convention. Somewhere in cyber space is my letter about the convention.....so in this message I'm playing catch-up. I will compose a message after the GFWC International Convention in Atlanta consisting of information vital to GFWC Kentucky Clubs.

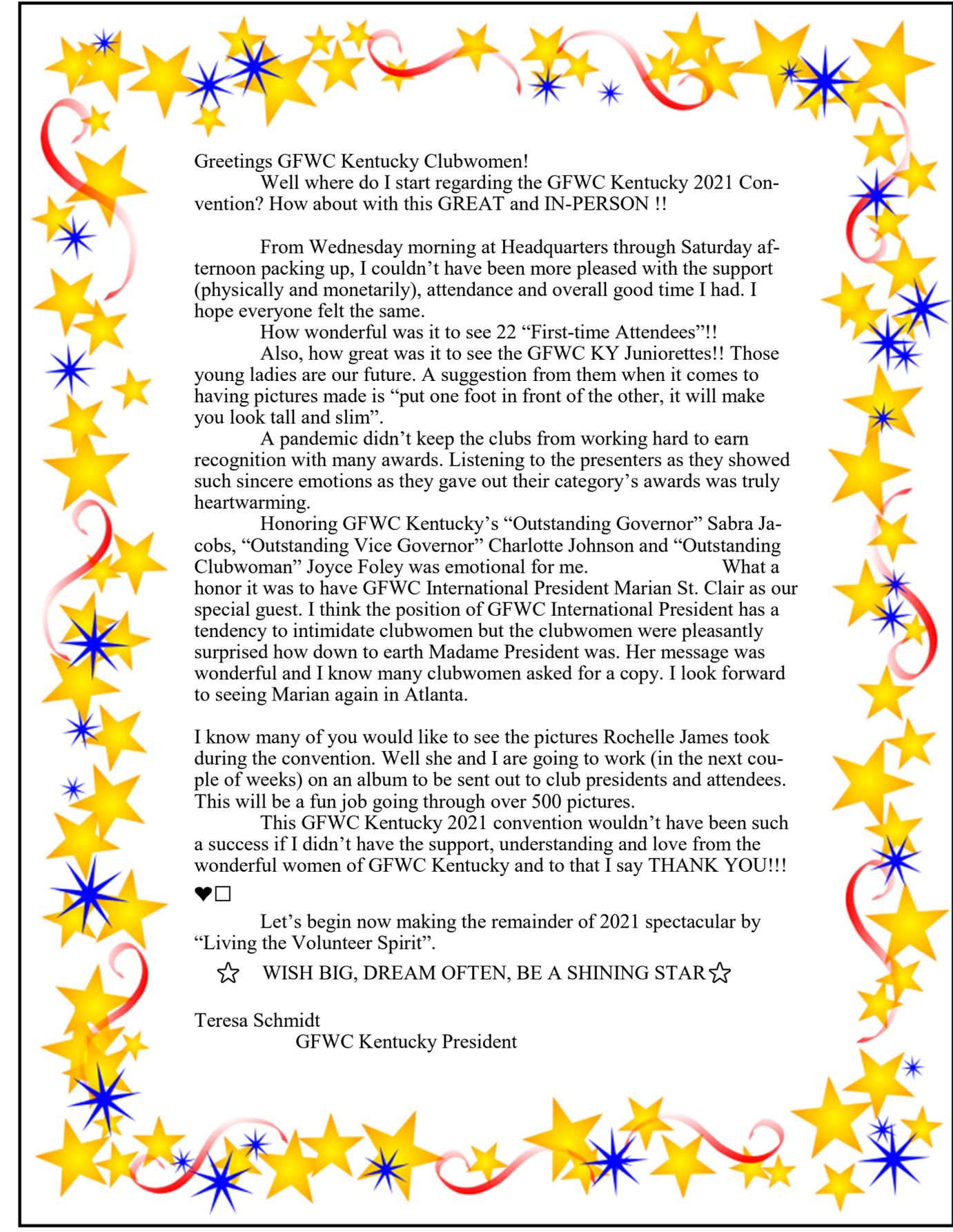
Until then please keep my husband Tony and other concerns you know of in your prayers. We aren't the only people going through difficult times.

☆ Wish Big, Dream Often, Be a Shining Star ☆

Teresa Schmidt GFWC Kentucky President



Happy Birthday Marian and a toast ro GFWC Executive Committee



Greetings GFWC Kentucky Clubwomen!

Well where do I start regarding the GFWC Kentucky 2021 Convention? How about with this GREAT and IN-PERSON !!

From Wednesday morning at Headquarters through Saturday afternoon packing up, I couldn't have been more pleased with the support (physically and monetarily), attendance and overall good time I had. I hope everyone felt the same.

How wonderful was it to see 22 "First-time Attendees"!!

Also, how great was it to see the GFWC KY Juniorettes!! Those young ladies are our future. A suggestion from them when it comes to having pictures made is "put one foot in front of the other, it will make you look tall and slim".

A pandemic didn't keep the clubs from working hard to earn recognition with many awards. Listening to the presenters as they showed such sincere emotions as they gave out their category's awards was truly heartwarming.

Honoring GFWC Kentucky's "Outstanding Governor" Sabra Jacobs, "Outstanding Vice Governor" Charlotte Johnson and "Outstanding Clubwoman" Joyce Foley was emotional for me. What a honor it was to have GFWC International President Marian St. Clair as our special guest. I think the position of GFWC International President has a tendency to intimidate clubwomen but the clubwomen were pleasantly surprised how down to earth Madame President was. Her message was wonderful and I know many clubwomen asked for a copy. I look forward to seeing Marian again in Atlanta.

I know many of you would like to see the pictures Rochelle James took during the convention. Well she and I are going to work (in the next couple of weeks) on an album to be sent out to club presidents and attendees. This will be a fun job going through over 500 pictures.

This GFWC Kentucky 2021 convention wouldn't have been such a success if I didn't have the support, understanding and love from the wonderful women of GFWC Kentucky and to that I say THANK YOU!!!

♥☐

Let's begin now making the remainder of 2021 spectacular by "Living the Volunteer Spirit".

☆ WISH BIG, DREAM OFTEN, BE A SHINING STAR ☆

Teresa Schmidt
GFWC Kentucky President



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Teresa Schmidt GFWC Kentucky President



GFWC International President as Convention Speaker



Peggy Barnes—SER President



GFWC Kentucky's gift to Madame President (diamond painting done by GFWC KY President)



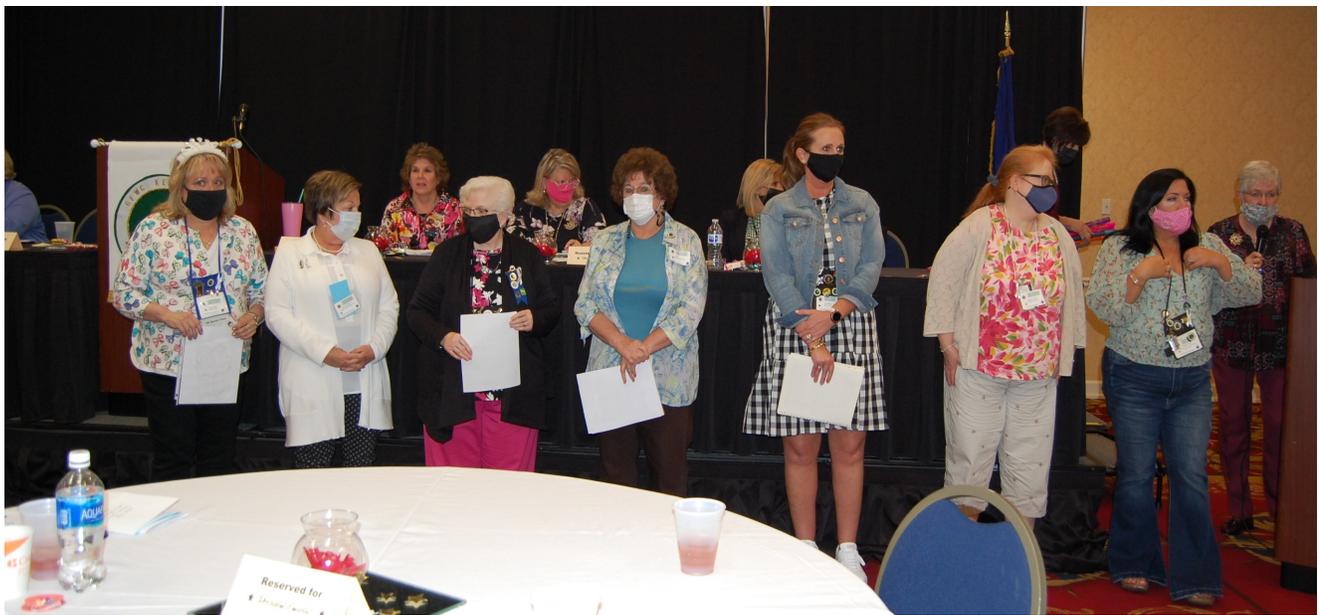
Outstanding Vice Governor Charlotte Johnson



Outstanding Governor Sabra Jacobs



GFWC KY Executive Committee
with Madame International President Marian St. Clair



GFWC KY 2020-2021 Governors

HOW TO PLANT YOUR TREES

Correct planting procedures will help each tree, shrub, or other plant grow to become healthy and vigorous, able to live to the limits of its natural life.

WHERE TO PLANT

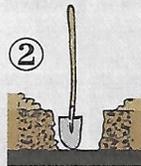
Consider how big your trees will grow. Avoid planting under or near overhead utility lines, and check for underground utilities, too. If you're planting 6- to 12-inch trees, you may want to start them by planting them a foot apart in your garden and consider using the Rootmaker Knit Bag on page 45. After they have grown for a year or two, you can transplant them to their permanent locations when they are dormant.

PLANTING BARE-ROOT TREES

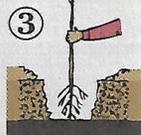
It is best to plant bare-root trees immediately, in order to keep the fragile roots from drying out. If you can't plant because of weather or soil conditions, store the trees in a cool place and keep the roots moist.



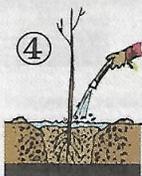
① Unpack your trees, remove all packing materials, carefully untangle the roots and soak the roots in water three to six hours. Do not allow the roots to dry out, but do not soak overnight.



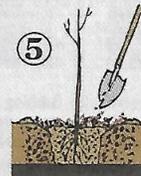
② Dig a hole, wider than seems necessary, so the roots can grow outward without crowding. Remove any grass within a 3-foot circular area. To aid root growth, turn soil in an area up to 3 feet in diameter.



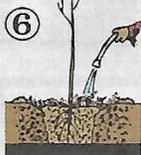
③ Plant the tree at the same depth it stood in the nursery, with plenty of room for the roots. Partially fill the hole, firming the soil around the lower roots. Do not add soil amendments such as peat or bark. Do not use fertilizer, potting soil, or chemicals on your new trees.



④ Shovel in the remaining soil. It should be firmly but not tightly packed. Construct a water-holding basin around the tree. Give the tree plenty of water.



⑤ After the water has soaked in, spread protective mulch 2 inches deep in a 3-foot diameter area around the base of the tree, but not touching the trunk.



⑥ The soil and mulch around your trees should be kept moist but not soggy. During dry weather, generously water the tree every seven to 10 days during the first year. Water slowly at the drip line.

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PLANTING POTTED TREES

Dig a hole the same depth of the container. Remove the tree from the container, keeping the soil around the roots intact. Set the tree in the middle of the hole. Make sure the root flare (the swollen area where the trunk meets the soil) sits at ground level. Fill and firmly pack the hole with the original soil, filling the hole until the soil is at ground level. Do not add any soil amendments or fertilizer. Create a water-holding basin and water generously.

WHEN YOU PLANT IN THE FALL

After fall planting, completely soak the ground around the tree once each week until the ground is frozen solid. Also, water during winter warm spells if the ground is dry and not frozen. Before freezing time, cover the soil around the base of the tree with an extra 4-inch layer of mulch for insulation. Remove this extra mulch in the spring after the ground thaws.

PLANTING A LOT OF TREE SEEDLINGS

When planting a large number of small seedlings, the same basic principles apply as in planting bare-root trees. However, use of a planting bar can help speed up the process. Remember to keep roots from drying out before planting, water the trees generously, and use mulch.



Insert a planting bar and work back and forth to create a hole for planting.



Place the tree in the hole at about the same depth it stood in the nursery.



Insert the bar about 2 inches from the hole and work the bar back and forth to pack soil around the roots.



Gently close the new hole with your heel.

THE VALUE OF MULCH

A young tree's best friend, mulch insulates soil, retains moisture, keeps out weeds, prevents soil compaction, reduces lawnmower damage, and adds an aesthetic touch to a yard or street. Remove any grass within a 3-foot area and pour organic mulch such as wood chips or bark pieces 2 to 4 inches deep within the circle. Keep the mulch from touching the trunk of the tree.

For step by step videos and more planting info go to arborday.org/HowToPlant

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104 Society Membership

Maintaining our Headquarters in Frankfort is an ongoing job. It is much better to take care of everyday maintenance than to wait until a catastrophe occurs.

That is the purpose of the 104 Society.

Donation levels are:

___ \$10.40..... recognized by ribbon to be attached to Convention Name Badge

___ \$104.00..... recognized by ribbon attached to Convention Name Badge plus a beautiful door knocker pin

___ \$1040.00/ "K" Society.....attend a special reception at the convention plus be recognized by ribbon and door knocker pin

Please check donation level

Member Name _____

Cash Amount \$ _____

Check # _____ Check Amount \$ _____

****Checks made out to GFWC Kentucky****

Credit Card # _____

Security Code _____

Zip code associated with card _____

Please send this form along with payment to your
GFWC KY State Treasurer Darla Doss
978 US Highway 68 East, Benton, KY 42025

Environment

Greetings all!

The end of summer seems to be upon us. I love the flowers of summer but not especially the heat. It gets harder and harder to keep up with the weeds as I get older. They are getting faster and I'm getting slower.

We have had our first meeting of the new year and I imagine most of you have also. Our second meeting tomorrow will be a "field trip" to our Farmer's Market. We want to encourage local farmers and crafters and show we care. After that visit, we are going to the local ice cream store for a treat. (Everyone should support their local ice cream store!)

For this edition of the newsletter I forwarded a Tree Planting Guide (from the Arbor Day Foundation) to Joyce. Hopefully, there will be room to include it. So, find you a spot that needs a tree and get out there and dig!

Your fellow steward,

email:gconley08@gmail.com

*Gay Nell Conley or, leave a message at
KY Chair, Environment 2020-2022606-
523-1725, 606-524-9990*



GFWC KY NEWSLETTER AND MAGAZINE AD FORM

The size of an ad is approximately 3.5" wide by 2" high, and the cost is \$25 to run the ad one time in either the Newsletter or Clubwoman Magazine. Ads can be used to promote events, congratulate members, and feature your club. To get your ad noticed, make it easy to read, unique, and interesting.

Club Name: _____ District: _____

Club President's Name: _____ Email: _____

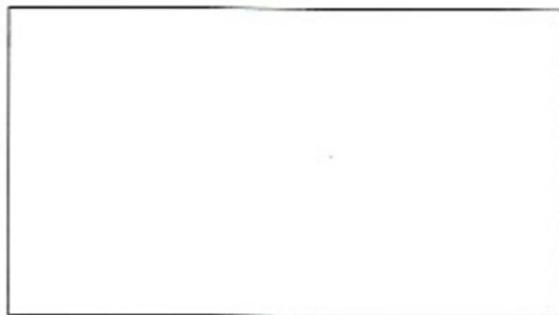
Club President's Phone: Landline _____ Cell _____

Steps to placing ad in GFWC KY Newsletter or Magazine

1. Prepare ad
2. Determine publication in which ad will appear
3. Email completed GFWC KY Newsletter and Clubwoman Magazine Ad Form
 - a. For Newsletter ad: newsletter@gfwcky.org
 - b. For Magazine ad: magazine@gfwcky.org
4. Prepare check to pay for ad
 - a. Amount: \$25
 - b. Payable to: GFWC Kentucky
 - c. Memo line: Ad in (newsletter/magazine)
5. Mail check to GFWC KY Treasurer Darla Doss, 978 US Highway 68 E, Benton, KY 42025

Please publish our ad in the _____ (month and year) edition of the
____ Newsletter
____ Clubwoman Magazine

The ad should read: _____



APPROXIMATE SIZE OF AD



Nova News to Use

Susette Redwine, President-elect

Many of you are busy canning and freezing this time of year. I've even seen many of you baking pies, cakes, turnovers, cookies, and special main dishes. Many are using all fresh foods from the garden or your neighbor's garden.

In one of the last issues of GFWC's News and Notes, it was announced that the Winter Issue of the GFWC Clubwoman Magazine would feature four of the winning soups submitted by Clubwomen. The deadline to submit your special soup recipe is September 17 to GFWC. I hope some of you will submit a recipe. Most of mine are copies from friends, nothing original but I do know and have tasted some of your soups. The first one that comes to mind is Strawberry Soup served at the Lexington Woman's Club's Bids for Kids fundraiser. YUM YUM

As I think about cooking, which I don't really like to do but it's a necessary evil, I think about membership. Think about it. Ingredients into soup or any recipe, mix together, bake, or heat and serve. I have been assigned the Membership article for the Winner Issue of the magazine and I want your help. Give me your ideas on how cooking and membership in our clubs go together. Have an example of something, let me know.

I have to have the article submitted by September 17th so, I'm in need of your ideas by September 10th. Just drop me an email or a text and let me know. (susette.redwine@gmail.com or 606-356-0910)

Thanks so much for your help on this. I can't wait to see what YOU come up with and what I end up writing! By the way, when our son was in high school, he suggested we put a pool table in our kitchen, pull the stove/oven out to give us more room. In his eyes we only needed the refrigerator and the microwave. He may have been right.

Bon Appetite!



GFWC Kentucky Third/Fourth District Fall Conference

Official Call to the
Annual Fall Conference
On Saturday October 2, 2021
Hosted by Radcliff Woman's Club
At The Colvin Center
230 Freedoms Way
Radcliff KY 40160

Continental Breakfast: 9:00 A.M. (EDT)

Call to Order: 10:00 A.M.

Registration and Lunch \$15.00 per person

Please make checks payable to KFWC 3rd District and mail with the reservation form to:

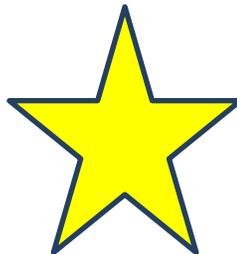
Angie Nally, GFWC KY 3/4 District Governor
9311 Preston Highway Louisville KY 40229

Registration Deadline

September 18, 2021

2020-2021 Theme

Wish Big, Dream Often, Be a Shining Star



3/4 District Officers
Governor: Angie Nally
Vice Governor: Mary Baisch
Secretary: Donna Lee
Treasurer: Luann Claycomb
Parliamentarian: Anne Aubrey

Greetings GFWC KY 3/4 District Club Presidents and Clubwomen!

It is our pleasure to invite each of you to the GFWC KY 3/4 District Fall Conference! We are so excited to have all the district club women together again!! This will be a wonderful opportunity to meet and visit with each other. It is our hope that everyone will be able to attend! It will be a day full of fun, fellowship and information!

Angie Nally, 3/4 District Governor

GUEST SPEAKER: Our special guest speaker will be GFWC KY President, Teresa Schmidt.

ARTS, CRAFTS AND PHOTOGRAPHY CONTEST: Our contest will be judged on Saturday, October 2, 2021. Please drop off all entries on FRIDAY, OCTOBER 1, at Colvin Center between 2:00-4:00pm. All contest entry forms must be sent to Vice Governor Mary Baisch no later than September 18, 2021. All entries must be turned in to be judged on Friday with the proper labels attached. If you have any questions, contact Mary Baisch. Please send all Arts, Crafts and Photography entry forms to:

Mary Baisch
5401 Cumnock Road

CLUB REPORTS: Club Presidents, please be prepared to give a three (3) minute speech on your clubs greatest accomplishments during your administration. Remember to bring (3) copies of your written reports, one copy for the District Governor and one copy to be filed with the minutes. If you are unable to attend the conference, please make arrangements for someone else to give your report.

CLUB YEARBOOKS: Bring 5 copies of your club yearbook with you to be distributed at the conference to the State President, State President-Elect, for State Headquarters, and to the District Governor.

THE GALAXY: The Galaxy will be open with many items available for purchase!

GFWC KY 3/4 District Fall Conference

Saturday, October 2, 2021

Hosted by Radcliff Woman's Club

Registration Fee \$3.00 and Lunch Fee \$12.00 -
Total \$15.00 Due by September 18, 2021

Make Checks Payable to KFWC 3rd District and
mail with the reservations form to

Angie Nally, GFWC KY 3/4 District Governor

9311 Preston Highway

Louisville, KY 40229



Name of Club: _____

Total Number Attending: _____ @ \$15.00 per person for a Total Amount: \$ _____

	Name of Club Member	Position (Highest Held)	Lunch
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			

Please let me know if there are any food allergies.

CHECKLIST OF THINGS TO DO FOR FALL CONFERENCE

- _____ Inform members of Fall Conference date and encourage them to attend
- _____ Mail registration form with check for \$15 per member attending before Sept. 18
- _____ Pre-Register Arts & Crafts Contest items by Sept 18
- _____ Prepare your 3-minute report on your clubs accomplishments
- _____ Bring 3 printed copies of your club report for the Secretary and Governor
- _____ Bring 5 copies of your club yearbook
- _____ Bring Arts, Crafts & Photography Contest items on **FRIDAY, October 1**

